

Blue Grass Homecoming Race

5K Run/Walk & 1 Mile Fun Run

Friday, June 7, 2019

1 Mile Fun Run@6:00 5K Run/Walk@7:00PM

COURSE: Route will take place on the streets surrounding Blue Grass

5K course starting and ending at Blue Grass Community Club.

Back to regular race course

REGISTRATION: \$20(shirt guaranteed) if received before May 17th

Before May 17th with Shirt _____ (\$ 20) No Shirt _____ (\$10)

1 Mile Before May 17th with Shirt _____ (\$10) No Shirt _____ (\$5)

Veteran with Shirt _____ (\$10) No Shirt _____ (FREE)

No shirts available this year after May 17th we will not order additional shirts

Chip timing

PACKET PICK-UP: Thursday June 6th from 5:00-6:00 p.m. at Blue Grass Community Club.

You can also pickup your packets and **register the night of race from 4:00 to 6:45.**

AWARDS: 5K overall male and female finishers. Awards to top 3 in each age group:

14 & under 15 -19 20-24 25 – 29 30 - 34 35-39 40 –44

45-49 50-54 55 - 59 60-64 65 – 69 70 & over

AWARDS WILL BE GIVEN AT THE RACE SITE FOLLOWING THE RACE

Awards for 1 Mile Fun Run Ribbons to all participants Trophy to Overall Male/Female

REFRESHMENTS: Water, popsicles and cookies will be available after the race.

PROCEEDS: Proceeds from the race will benefit the Blue Grass Community Club and the Community.

For more information, call Brinson or Donna Kinzer at 563-381-2803. Or 563-381-7686

Make checks payable to: Blue Grass Community Club

Mail entries to: Donna Kinzer 304 E. Lotte St Blue Grass, Iowa 52726 **or you can register at getmeregistered.com**

Blue Grass Daze

Name: _____ Address _____

City _____ State _____ Zip Code _____ Phone _____

Age (on race day) _____ M _____ F _____

Shirt Size (circle one) adult: S M L XL XXL **Child S M L**

1 Mile Fun Run (12 & Under _____ or 5K Run/Walk _____

In consideration of this entry, I intend to be legally bound, for myself, my heirs, executors and administrators waive, release and forever discharge any and all rights and claims which may hereafter accrue to me against the officials of the run, and all sponsors for any and all accidents or injuries incurred by me at this event and while traveling to and from this event. I further state that I have trained adequately and am in suitable athletic condition to compete in the race I have entered.

Date: _____

Signature: _____ Parent Signature (if under 18)